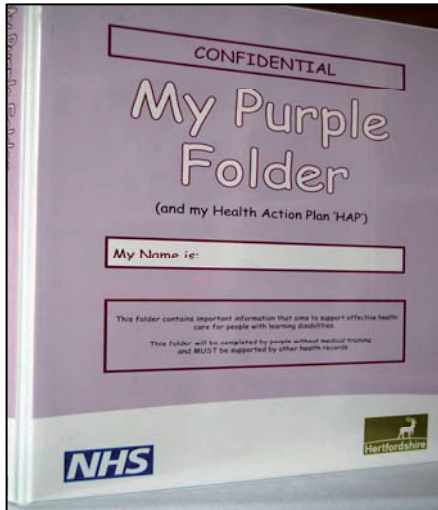


My Purple Folder



Making health care better for people with a learning disability living in Hertfordshire.



The Purple Folder gives health information about you.

You will use it with health professionals (doctors, nurses, dentists, opticians, pharmacists, chiropodists).



This will help them listen to you and your carers.

Then they can give you the care and treatment that is best for you.



Hertfordshire County Council
Health and Community Services
www.hertsdirect.org/hcs
Telephone: 0300 123 4042



Completing the Purple Folder

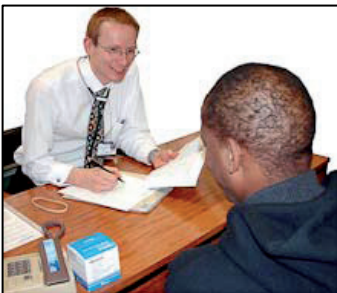


The Purple Folder needs to be filled out by you with the help of a carer, professional or trusted friend.

It is **very important** that the Purple Folder is correct and up to date.

How to use the Purple Folder

Health Appointments



When you have an appointment with a health professional you need to show them your Purple Folder.

This will help to explain your health problem and get you the right support.



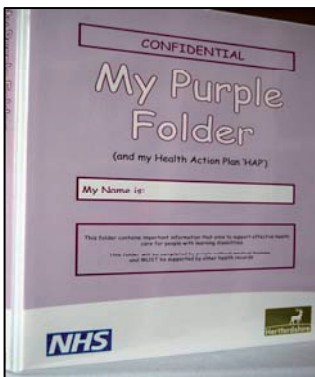
The health professional will need to complete the **Health Action Plan – HAP** section within the Purple Folder.

This is a record of what you have agreed to in the appointment.

Staying in Hospital



If you need to stay in a hospital, you need to show the doctors, nurses, and x-ray staff your Purple Folder.



Tell them about your health needs - the Purple Folder will help.

It is your choice



We think it is a good idea for you to have a Purple Folder but it is your choice. If you do not want one you do not have to have one.

If you lose your Purple Folder



Tell your carers if you lose your Purple Folder.

Let your local Community Learning Disability Team know as well.

To get a Purple Folder

Please ask your Community Learning Disability Team, a paid carer, a health or social care worker.

More Information

For more information, or to get extra pages for your purple folder, please go to www.hertsdirect.org/learningdisability

Or you can telephone:



East and North Hertfordshire
01438 843848

South and West Hertfordshire
01442 454541

Abuse Hurts: If you are worried that someone you know is at risk of harm, neglect or mistreatment please call us in confidence to report your worries on 0300 123 4042.

This information can be made available on request in other formats, including large print, Braille, audio and other languages.